

April 2020 3 North WELLNESS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Word Game Wednesday – 3N 1:30 Exercise – 3N 2:30 Bingo – 3N 3:30 Contemporary Chapel – 3N	2 10:30 History Hour – 3N 1:30 Exercise – 3N 3:30 Hymn-story-3N 4:30 Scattegories– 3N	3 10:30 Looking Ahead – 3N 2:30 Happy Hour – 3N 3:30 Chaplain Chat -3N 6:30 Movie Night – 2N	4 10:30 A Week in Review– 3N 11:15 Armchair Travel– 3N 2:30 Bingo – 3N
5 1:45 Communion Service Room Visits – 3N 2:00 Cranium Crunches – 3S 3:00 Scattegories – 3S	6 9:30 Coffee with the Chef 2N 10:30 Crafts – 3N 1:30 Exercise – 3N 3:30 Devotions – 3N 7:00 Movie Night – 3N	7 10:30 Music Trivia – 3N 1:30 Exercise – 3N 2:15 Greeting Card Club – 3N 3:30 Bible Art -3N	8 10:30 Word Game Wednesday – 3N 1:30 Exercise – 3N 2:30 Bingo – 3N 3:30 Contemporary Chapel – 3N	9 10:30 Easter around the World – 3N 1:30 Exercise – 3N 3:30 Maundy Thursday – 3N 4:30 Trivia – 3N	10 10:30 Bowling – 3N 2:30 Dyeing Easter Eggs – 3N 3:30 Good Friday -3N 6:30 Movie Night – 2N	11 10:30 A Week in Review – 3N 11:15 Documentary Hour – 3N 2:30 Bingo – 3N
12 1:45 Communion Service Room Visits – 3N 2:00 Cranium Crunches – 3S 3:00 Independent Crafts – 3S	13 10:30 Storywriting – 3N 1:30 Exercise – 3N 3:30 Devotions – 3N 7:00 Movie Night – 3N	14 10:30 Crafts-3N 1:30 Exercise – 3N 2:15 Mad Libs– 3N 3:30 Bible Art -3N	15 10:30 Word Game Wednesday – 3N 1:30 Exercise – 3N 2:30 Bingo – 3N 3:30 Contemporary Chapel – 3N	16 10:30 History Hour – 3N 1:30 Exercise – 3N 3:30 Hymn-story-3N 4:30 Wheel of Fortune – 3N	17 10:30 Relaxing Exercise – 3N 2:30 Ice Cream Social– 3N 3:30 Chaplain Chat -3N 6:30 Movie Night – 2N	18 10:30 A Week in Review – 3N 11:15 Movie Matinee – 3N 2:30 Bingo – 3N
19 1:45 Communion Service Room Visits – 3N 2:00 Cranium Crunches – 3S 3:00 Scattegories – 3S	20 10:30 Crafts – 3N 1:30 Exercise – 3N 3:30 Devotions – 3N 7:00 Movie Night – 3N	21 10:30 Music History– 3N 1:30 Exercise – 3N 2:15 Virtual Travel- 3N 3:30 Bible Art -3N	22 10:30 Word Game Wednesday– 3N 1:30 Exercise – 3N 2:30 Bingo – 3N 3:30 Contemporary Chapel – 3N	23 10:30 History Hour – 3N 1:30 Exercise – 3N 3:30 Hymn-story-3N 4:30 Trivia – 3N	24 10:30 Morning Moves – 3N 2:30 Happy Hour- 3N 3:30 Chaplain Chat -3N 6:30 Movie Night – 2N	25 10:30 A Week in Review– 3N 11:15 Armchair Travel – 3N 2:30 Bingo – 3N
26 1:45 Communion Service Room Visits – 3N 2:00 Cranium Crunches – 3S 3:00 Coloring Club – 3S	27 10:30 Crafts – 3N 1:30 Exercise – 3N 3:30 Devotions – 3N 7:00 Movie Night – 3N	28 10:30 Musical Jeopardy – 3N 1:30 Exercise – 3N 2:15 Family Feud – 3N 3:30 Bible Art -3N	29 10:30 Word Game Wednesday – 3N 1:30 Exercise – 3N 2:30 Bingo – 3N 3:30 Contemporary Chapel – 3N	30 10:30 History Hour – 3N 1:30 Exercise – 3N 3:30 Hymn-story-3N 4:30 Activity Time– 3N		

