



Our Community Newsletter

Discover what's going on in our community.

Gather 'round Providence, because the Piranhas are absolutely scorching the competition this forklift racing season! They're not just playing games; they're rewriting the record books!

This squad has been putting in the grueling hours, grinding it out in practice, and it's paying off in spades. Their skill level is through the roof, their strategy is airtight, and the teamwork and communication? You can feel the synergy on the track!

And the results speak for themselves! A perfect 4-and-0! That's right, folks, the Piranhas stand alone atop the league as the only undefeated team!

With just three crucial matchups left in the regular season, you can bet your bottom dollar their focus is locked in on the playoffs. Veteran driver Marjie steered them to the Forklift Racing Final Four back in '23, but this year, Cindy, Wendy, Bill, and Pete are hungry to taste that final stage for the very first time! Don't miss the action! Join us every Tuesday at 1:00 to become part of the Piranha Power movement and cheer this powerhouse team on to what could be a historic playoff run! The energy is electric, folks, and you don't want to miss a single lap! PIRANHA POWER!

We have several important updates to share with our community this week!

Dialysis Update

After many months of anticipation and planning, we are thrilled to announce that our new dialysis center officially opened Wednesday, May 28th. This marks a significant milestone in expanding the care we can provide, and we are dedicated to ensuring a smooth and supportive experience for all patients utilizing this vital service.

New Front Doors Coming in June

Get ready for a fresh new look! Installation of our new front doors is scheduled to take place throughout the month of June. We anticipate minimal disruption, but please bear with us as we enhance the entrance to our facility. These new doors will improve accessibility and provide a more welcoming entry for everyone.

Welcome Our New Intern, Alexa!

Please join us in extending a warm welcome to our new intern, Alexa, who will be starting with us on Monday, June 2nd. Alexa is eager to learn and contribute, and we are excited to have her join our team. Please say hello and help her feel at home when you see her around!

We appreciate your continued support and understanding as we implement these exciting changes and improvements.-

Regards, Noel

Happy Birthday!

6/5 James G.—2N

6/7 Karen K.—3S

6/8 Earlene H.—2S

6/10 Donald F.—2N

6/12 Marjorie H.—3S

6/16 Janice F.- 3S

6/21 Jo D'Ann H.—3N

6/23 Patricia M.—3S

6/23 Ervin S.—3N

6/23 Bill P.—2S

6/29 Marjorie G.—3N

6/29 Peter N.—3N



Virtual Program

AMERICAN WEST ART & ARTIFACTS

Presented By: Booth Museum

Learn about different cultures that shaped the American West through art and artifacts in the Booth collection. The residents will engage in discussions of selected artworks highlighting a variety of landscapes, artists, and people.

June 5th

2:00PM

*All nature sings, and 'round me rings the
music of the spheres.*

-Maltbie D. Babcock (1901)

The summer months have come around again, the seasons changing as they do. Nature is a wise teacher for us about the rhythms of life. The seasons come and the seasons change, so it is for all of us. Many people around the world believe that connecting with nature can be a source of spiritual growth and healing. Spending time outside, whether soaking up some sun on a warm day or looking up into the night sky, can remind us that we are part of something big and beautiful and complex. Looking closely at a leaf or flower or even a single blade of grass can inspire our creativity or move us to compassion. This summer, can you make time to be outside in nature? Notice what you see, what you hear, and what it feels like to simply be who you are amid the beauty of creation. May you experience belonging in this world and awareness that you, too, are part of the beauty of the earth.



How Many Words Can You Find?

Using the letters in the game box, how many words can you create with 3 or more letters?

A	E	D	F
L	Y	E	S
O	N	G	V
B	T	D	S

1

13

2

14

3

15

4

16

5

17

6

18

7

19

8

20

9

21

10

22

11

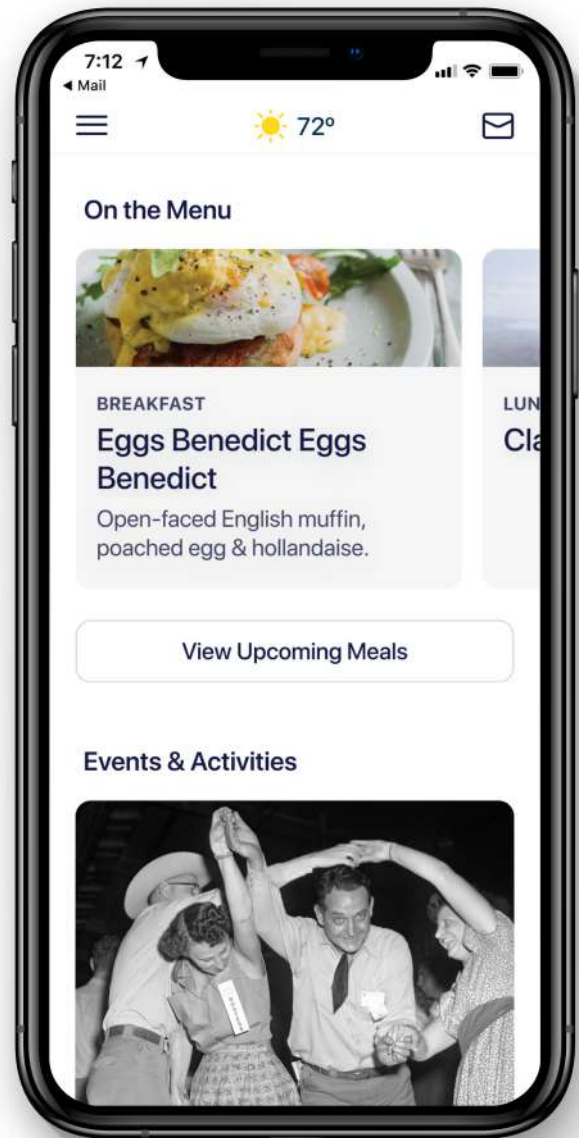
23

12

24

Download the new mobile app for Providence Place

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in Minneapolis, MN



Access Quiltt for iOS, Android, or desktop

<https://get.quiltt.com/org/XEGQD>

Enter code XEGQD after opening the Quiltt app for the first time.



Your Annual Wellness Visit: More Than a Checkup

Your annual wellness visit isn't just about test results and vital signs. It's about you. It's a chance to pause, reflect, and plan for the year ahead, focusing on what matters most in your life.

Think of this appointment as a check-in on your whole self. You have the chance to talk openly with your provider. Take your time to share how you've been feeling in general—physically, mentally, and emotionally. And talk about any specific concerns, like your memory, mobility, mood, or medications. Do you worry about falling, or are you feeling vulnerable in other parts of your daily life? This is the perfect time and place to ask for advice.

You also might want to consider having this essential conversation with a doctor who truly understands the journey of aging—and how to do it magnificently.

For instance, at Lifespark, our geriatric expert clinicians specialize in caring for older adults. They understand that health is personal, and your needs are unique. With Lifespark Primary Care, you receive:

- Convenient on-site visits—no need to travel; we come to you
- Whole-person care that considers your physical, emotional, and social health
- Expertise in geriatric medicine, ensuring your care plan fits the life you want to live

If care that's built around the needs and priorities of older adults sounds like a good fit for you—and you're not currently with Lifespark Primary Care—consider reaching out to get to know us. Either way ... is it time to schedule your annual wellness visit? Here's to your happiness, health, and vitality!

Staff Phone Directory

Front Desk 612-238-2500

Executive Director- Noel 612-238-2566

Asst. Executive Director- Nick 612-238-2564

Director of Nursing- Ellen 612-238-2504

Asst. Director of Nursing- Nnenna 612-238-2574

Director of Social Services- Kirsten 612-238- 2509

Social Worker- Kaylin 612-238-2501

Social Worker- Rashonna 612-238-2578

Social Worker- Kristi 612-238-2581

Director of Community Life- Brett 612-238-2538

Food Service Director- Gretchen 612-238-2542

Dietician 612-238-2529

Director of Housekeeping- Tricia 612-238-2514

Director of Maintenance- Steve 612-238-2539

Chaplain Liza and Jared- 612-238-2563

Douglas- Jane and Nell- 612-238-2557

Ombudsman- Brett 651-238-1228

