

April 2020 2South WELLNESS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Bible Art 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Global Grooves 7:00 Poetry Corner	2 10:00 Bible Study 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Wheel of Fortune 7:00 Yoga and Relaxation	3 10:00 Chaplain Chat 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Bingo 7:00 Movie Night	4 9:30 Sing Along 10:30 Classic TV 11:30 Revive & Refresh 1:30 Exercise 2:30 Famous Faces 3:30 Saturday Show Tunes
5 9:30 Ball Toss 2:30 Chapel Service 4:30 Finish the Phrase	6 10:00 Devotions 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Remembering Doris Day 7:00 Story Time	7 10:00 Hymn-story 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Crafts 7:00 Tea Time	8 10:00 Bible Art 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Global Grooves 7:00 Poetry Corner	9 10:00 Maundy Thursday 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Easter Egg Dying 7:00 Yoga and Relaxation	10 10:00 Good Friday 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Bingo 7:00 Movie Night	11 9:30 Storywriting 10:30 Classic TV 11:30 Revive & Refresh 1:30 Exercise 2:30 Coloring 3:30 Saturday Show Tunes
12 9:30 Ball Toss 2:30 Chapel Service 4:30 Trivia Time	13 10:00 Devotions 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Activity Time 7:00 Story Time	14 10:00 Hymn-story 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Watercolor 7:00 Tea Time	15 10:00 Bible Art 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Global Grooves 7:00 Poetry Corner	16 10:00 Bible Study 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Name that Instrument 7:00 Yoga and Relaxation	17 10:00 Chaplain Chat 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Bingo 7:00 Movie Night	18 9:30 Coffee & News 10:30 Classic TV 11:30 Revive and Refresh 1:30 Bowling 2:30 Coloring 3:30 Saturday Show Tunes
19 9:30 Ball Toss 2:30 Chapel Service 4:30 Alphabetics	20 10:00 Devotions 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Art History 7:00 Story Time	21 10:00 Hymn-story 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Crafts 7:00 Tea Time	22 10:00 Bible Art 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Global Grooves 7:00 Poetry Corner	23 10:00 Bible Study 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Jeopardy 7:00 Yoga and Relaxation	24 10:00 Chaplain Chat 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Bingo 7:00 Movie Night	25 9:30 Storywriting 10:30 Classic TV 11:30 Revive & Refresh 1:30 Exercise 2:30 Coloring 3:30 Saturday Show Tunes
26	27 10:00 Devotions 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 This Day in History 7:00 Story Time	28 10:00 Hymn-story 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Gardening 7:00 Tea Time	29 10:00 Bible Art 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Global Grooves 7:00 Poetry Corner	30 10:00 Bible Study 11:30 Revive & Refresh 1:30 Exercise 2:00 Walking Group 3:00 Word Games 7:00 Yoga and Relaxation		

** Programs, Times & Locations subject to change. Please see daily schedules posted on the bulletin board by the nurses' station for list of current activities.

